IPIP-NEO-120

(International Personality Item Pool Representation of the NEO PI-R®)

# Name:

# 

# Age:

# Gender:

**Nationality:**

# Today’s Date:

The following pages contain phrases describing people's behaviors. Please use the rating scale next to each phrase to describe how accurately each statement describes you.

Describe yourself as you generally are now, not as you wish to be in the future. Describe yourself as you honestly see yourself, in relation to other people you know of the same sex as you are, and roughly your same age.

So that you can describe yourself in an honest manner, your responses will be kept in absolute confidence. Please read each statement carefully, and then click the circle that corresponds to the accuracy of the statement.

Please answer every item by marking the relevant answer circle with a diagonal ‘cross’ sign ( ). Note that the answer circles appear directly to the right of each question. Please make sure that the circle you are choosing corresponds to the question you are considering. If you want to change your answer, that is fine – just mark an ‘X’ in the originally chosen circle(s) and mark your final answer with the cross sign.

Please note that this questionnaire tends to take about 15 minutes to complete.

**Additional Information**

* The full IPIP contains 3,320 items assembled by Dr. Lewis R. Goldberg: <http://ipip.ori.org/> .The IPIP is in the public domain and its items can be freely downloaded from that site.
* The IPIP-NEO is not equivalent to the commercial inventory on which it is based, the NEO PI-R®, authored by Paul T. Costa, Jr. and Robert R. McCrae. The genuine NEO PI-R® (240 items) is considered by many psychologists to be the best inventory for measuring traits within the Five Factor Model (FFM) of personality. The NEO PI-R® is copyrighted by Psychological Assessment Resources (PAR) in Florida, and can only be ordered by professionals and used by permission. You can contact PAR at: 1-800-331-TEST, or <http://www.parinc.com>.
* The scoring system for these items was created by Dr. John A. Johnson, Professor of Psychology, Penn State University, USA. This hard-copy questionnaire was collaboratively created by Dr. Johnson and Dr. Conal Twomey, Clinical Psychologist, Health Service Executive, Ireland. The layout of the questionnaire was modelled on the M5-120 Questionnaire, created by Dr David M. McCord, Western Carolina University, USA.
* Scoring keys and an automatic scoring spreadsheet for this questionnaire are available at Dr. Johnson’s IPIP-NEO data repository: <https://osf.io/tbmh5/>
* An online (soft-copy) version of this questionnaire – with accompanying report generation procedures – is available at this URL: <http://www.personal.psu.edu/~j5j/IPIP/ipipneo120.htm>
* Anyone with further questions may contact Dr. John A. Johnson at [j5j@psu.edu](mailto:j5j@psu.edu).

**Turn the page over now**

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| **IPIP-NEO-120 Questionnaire** | |  |  |  |  | **Page 2** |
|  |  | Inaccurate | Moderately Inaccurate | Neither | Moderately Accurate | Accurate |
| 1 | Worry about things. | O | O | O | O | O |
| 2 | Make friends easily. | O | O | O | O | O |
| 3 | Have a vivid imagination. | O | O | O | O | O |
| 4 | Trust others. | O | O | O | O | O |
| 5 | Complete tasks successfully. | O | O | O | O | O |
| 6 | Get angry easily. | O | O | O | O | O |
| 7 | Love large parties. | O | O | O | O | O |
| 8 | Believe in the importance of art. | O | O | O | O | O |
| 9 | Use others for my own ends. | O | O | O | O | O |
| 10 | Like to tidy up. | O | O | O | O | O |
| 11 | Often feel blue. | O | O | O | O | O |
| 12 | Take charge. | O | O | O | O | O |
| 13 | Experience my emotions intensely. | O | O | O | O | O |
| 14 | Love to help others. | O | O | O | O | O |
| 15 | Keep my promises. | O | O | O | O | O |
| 16 | Find it difficult to approach others. | O | O | O | O | O |
| 17 | Am always busy. | O | O | O | O | O |
| 18 | Prefer variety to routine. | O | O | O | O | O |
| 19 | Love a good fight. | O | O | O | O | O |
| 20 | Work hard. | O | O | O | O | O |
| 21 | Go on binges. | O | O | O | O | O |
| 22 | Love excitement. | O | O | O | O | O |
| 23 | Love to read challenging material. | O | O | O | O | O |
| 24 | Believe that I am better than others. | O | O | O | O | O |
| 25 | Am always prepared. | O | O | O | O | O |
| 26 | Panic easily. | O | O | O | O | O |
| 27 | Radiate joy. | O | O | O | O | O |
| 28 | Tend to vote for liberal political candidates. | O | O | O | O | O |
| 29 | Sympathize with the homeless. | O | O | O | O | O |
| 30 | Jump into things without thinking. | O | O | O | O | O |
| 31 | Fear for the worst. | O | O | O | O | O |
| 32 | Feel comfortable around other people. | O | O | O | O | O |
| 33 | Enjoy wild flights of fantasy. | O | O | O | O | O |
| 34 | Believe that others have good intentions. | O | O | O | O | O |
| 35 | Excel in what I do. | O | O | O | O | O |
| 36 | Get irritated easily. | O | O | O | O | O |
| 37 | Talk to a lot of different people at parties. | O | O | O | O | O |
| 38 | See beauty in things that others might not notice. | O | O | O | O | O |
| 39 | Cheat to get ahead. | O | O | O | O | O |
| 40 | Often forget to put things back in their proper place. | O | O | O | O | O |
|  |  | Inaccurate | Moderately Inaccurate | Neither | Moderately Accurate | Accurate |

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| **IPIP-NEO-120 Questionnaire** | |  |  |  |  | **Page 2** |
|  |  | Inaccurate | Moderately Inaccurate | Neither | Moderately Accurate | Accurate |
| 41 | Dislike myself. | O | O | O | O | O |
| 42 | Try to lead others. | O | O | O | O | O |
| 43 | Feel others' emotions. | O | O | O | O | O |
| 44 | Am concerned about others. | O | O | O | O | O |
| 45 | Tell the truth. | O | O | O | O | O |
| 46 | Am afraid to draw attention to myself. | O | O | O | O | O |
| 47 | Am always on the go. | O | O | O | O | O |
| 48 | Prefer to stick with things that I know. | O | O | O | O | O |
| 49 | Yell at people. | O | O | O | O | O |
| 50 | Do more than what's expected of me. | O | O | O | O | O |
| 51 | Rarely overindulge. | O | O | O | O | O |
| 52 | Seek adventure. | O | O | O | O | O |
| 53 | Avoid philosophical discussions. | O | O | O | O | O |
| 54 | Think highly of myself. | O | O | O | O | O |
| 55 | Carry out my plans. | O | O | O | O | O |
| 56 | Become overwhelmed by events. | O | O | O | O | O |
| 57 | Have a lot of fun. | O | O | O | O | O |
| 58 | Believe that there is no absolute right or wrong. | O | O | O | O | O |
| 59 | Feel sympathy for those who are worse off than myself. | O | O | O | O | O |
| 60 | Make rash decisions. | O | O | O | O | O |
| 61 | Am afraid of many things. | O | O | O | O | O |
| 62 | Avoid contacts with others. | O | O | O | O | O |
| 63 | Love to daydream. | O | O | O | O | O |
| 64 | Trust what people say. | O | O | O | O | O |
| 65 | Handle tasks smoothly. | O | O | O | O | O |
| 66 | Lose my temper. | O | O | O | O | O |
| 67 | Prefer to be alone. | O | O | O | O | O |
| 68 | Do not like poetry. | O | O | O | O | O |
| 69 | Take advantage of others. | O | O | O | O | O |
| 70 | Leave a mess in my room. | O | O | O | O | O |
| 71 | Am often down in the dumps. | O | O | O | O | O |
| 72 | Take control of things. | O | O | O | O | O |
| 73 | Rarely notice my emotional reactions. | O | O | O | O | O |
| 74 | Am indifferent to the feelings of others. | O | O | O | O | O |
| 75 | Break rules. | O | O | O | O | O |
| 76 | Only feel comfortable with friends. | O | O | O | O | O |
| 77 | Do a lot in my spare time. | O | O | O | O | O |
| 78 | Dislike changes. | O | O | O | O | O |
| 79 | Insult people. | O | O | O | O | O |
| 80 | Do just enough work to get by. | O | O | O | O | O |
|  |  | Inaccurate | Moderately Inaccurate | Neither | Moderately Accurate | Accurate |

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| **IPIP-NEO-120 Questionnaire** | |  |  |  |  | **Page 2** |
|  |  | Inaccurate | Moderately Inaccurate | Neither | Moderately Accurate | Accurate |
| 81 | Easily resist temptations. | O | O | O | O | O |
| 82 | Enjoy being reckless. | O | O | O | O | O |
| 83 | Have difficulty understanding abstract ideas. | O | O | O | O | O |
| 84 | Have a high opinion of myself. | O | O | O | O | O |
| 85 | Waste my time. | O | O | O | O | O |
| 86 | Feel that I'm unable to deal with things. | O | O | O | O | O |
| 87 | Love life. | O | O | O | O | O |
| 88 | Tend to vote for conservative political candidates. | O | O | O | O | O |
| 89 | Am not interested in other people's problems. | O | O | O | O | O |
| 90 | Rush into things. | O | O | O | O | O |
| 91 | Get stressed out easily. | O | O | O | O | O |
| 92 | Keep others at a distance. | O | O | O | O | O |
| 93 | Like to get lost in thought. | O | O | O | O | O |
| 94 | Distrust people. | O | O | O | O | O |
| 95 | Know how to get things done. | O | O | O | O | O |
| 96 | Am not easily annoyed. | O | O | O | O | O |
| 97 | Avoid crowds. | O | O | O | O | O |
| 98 | Do not enjoy going to art museums. | O | O | O | O | O |
| 99 | Obstruct others' plans. | O | O | O | O | O |
| 100 | Leave my belongings around. | O | O | O | O | O |
| 101 | Feel comfortable with myself. | O | O | O | O | O |
| 102 | Wait for others to lead the way. | O | O | O | O | O |
| 103 | Don't understand people who get emotional. | O | O | O | O | O |
| 104 | Take no time for others. | O | O | O | O | O |
| 105 | Break my promises. | O | O | O | O | O |
| 106 | Am not bothered by difficult social situations. | O | O | O | O | O |
| 107 | Like to take it easy. | O | O | O | O | O |
| 108 | Am attached to conventional ways. | O | O | O | O | O |
| 109 | Get back at others. | O | O | O | O | O |
| 110 | Put little time and effort into my work. | O | O | O | O | O |
| 111 | Am able to control my cravings. | O | O | O | O | O |
| 112 | Act wild and crazy. | O | O | O | O | O |
| 113 | Am not interested in theoretical discussions. | O | O | O | O | O |
| 114 | Boast about my virtues. | O | O | O | O | O |
| 115 | Have difficulty starting tasks. | O | O | O | O | O |
| 116 | Remain calm under pressure. | O | O | O | O | O |
| 117 | Look at the bright side of life. | O | O | O | O | O |
| 118 | Believe that we should be tough on crime. | O | O | O | O | O |
| 119 | Try not to think about the needy. | O | O | O | O | O |
| 120 | Act without thinking. | O | O | O | O | O |
|  |  | Inaccurate | Moderately Inaccurate | Neither | Moderately Accurate | Accurate |